

SCI-OBS

Structured Clinical Interview for Obsessive-Compulsive Spectrum

Version 3.0

May 31, 2002

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| <p>Subject ID: _____</p> <p>Date: _____</p> <p>Rater Code: _____</p> |
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**Cassano GB, Frank E, Milanfranchi AM, Shear MK, Maser JD,
Dell'Osso L, Mauri M, Grochocinski VJ**

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INTRODUCTION: OBSESSIVE-COMPULSIVE SPECTRUM

Thank you for coming in to talk with me today. The interview we are going to do is focused on symptoms that you may or may not have experienced in your life. We want to identify whether you have had these symptoms at any time, even if it was a long time ago. We are interested in whether you had the symptoms at all, especially if having them bothered you or disturbed you. There are eight sections of the interview and it should take us about an hour to complete it. Do you have any questions before we start?

DOMAIN I. OBSESSIVE-COMPULSIVE TRAITS DURING CHILDHOOD AND ADOLESCENCE

I would like to start with some questions about feelings or experiences that you may have had during childhood or adolescence.

When you were a child, do you remember (or have you ever been told) that you...

| | | | | |
|----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 1. | ...felt uncomfortable when your friends or even your family showed you affection (for example, turning away when offered a kiss)? | Do Not Know | No | Yes |
| 2. | ...were not able to enjoy playing or doing things because you were afraid of getting dirty or hurt (for example, playing sports, eating an ice cream cone, or playing in the sand box)? | Do Not Know | No | Yes |
| 3. | ...went through a series of rituals before going to sleep (for example, placing slippers, pillows, clothes or toys in a particular position, saying goodnight or prayers in a particular way, or listening to a certain story)? | Do Not Know | No | Yes |
| 4. | ...were extremely careful about your handwriting, or that you wrote in a very particular or elaborate way? | Do Not Know | No | Yes |
| 5. | ...were very careful about your papers, books or notebooks (for example, you didn't like others to borrow or even touch them)? | Do Not Know | No | Yes |
| 6. | ...needed to memorize names, numbers, historical dates or geographical statistics (such as the height of mountains, length of rivers, population of towns and countries)? | Do Not Know | No | Yes |
| 7. | ...pestered your parents with questions like which animals were the strongest, fastest, fiercest? | Do Not Know | No | Yes |
| 8. | ...thought you couldn't do things perfectly enough to please your parents? | Do Not Know | No | Yes |

When you were a child, do you remember (or have you ever been told) that you...

| | | | | |
|-----|--------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 9. | ...repeatedly asked questions that didn't have definite answers, such as where God came from or how the earth was made? | Do Not Know | No | Yes |
| 10. | ...spent most of your free time doing something intellectual (for example, reading, visiting museums, looking at monuments, studying astronomy)? | Do Not Know | No | Yes |
| 11. | ...were always in search of the perfect friend or that you were disappointed with the ones that you had? | Do Not Know | No | Yes |
| 12. | ...were very possessive of your own things, even your friends? | Do Not Know | No | Yes |
| 13. | ...were an unusually mature, responsible, or organized child for your age? | Do Not Know | No | Yes |
| 14. | ...felt very uncomfortable whenever you did even the smallest thing that you thought your family might not approve of? | Do Not Know | No | Yes |
| 15. | ...were an obstinate, stubborn child? | Do Not Know | No | Yes |
| 16. | ...were very particular about your clothes? | Do Not Know | No | Yes |
| 17. | ...spent most of your time with your collections? | Do Not Know | No | Yes |
| 18. | ...needed to find just the right word or the exact pronunciation? | Do Not Know | No | Yes |
| 19. | ...stuttered? | Do Not Know | No | Yes |
| 20. | ...had tics of any kind? | Do Not Know | No | Yes |
| 21. | ...had impulses to torture animals or even kill them? | Do Not Know | No | Yes |
| 22. | Did you perform poorly in school because of any of these problems? | Do Not Know | No | Yes |
| 23. | Did these problems interfere with things you did outside of school? | Do Not Know | No | Yes |

DOMAIN II. DOUBT

Now I would like to explore things that you may have experienced at any time during your life.

Let's begin with some questions about doubts that you might have had.

Have you often...

| | | | | |
|-----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 24. | ... been troubled by repetitive doubts about things you do in your everyday life (like how well you shaved, brushed your teeth, chose the right clothes)? | Do Not Know | No | Yes |
| 25. | ... felt doubtful to the point of being 'paralyzed' when faced with an ordinary decision, because of worrying that it could have unpredictable consequences? | Do Not Know | No | Yes |
| 26. | ... doubted your own memory even though there was no reason to do so? <i>Note: exclude any mental confusion due to a medical condition, substance abuse, or drugs.</i> | Do Not Know | No | Yes |
| 27. | ... felt very frustrated when you couldn't get a definite and immediate reply to a question? | Do Not Know | No | Yes |
| 28. | ... felt the urgent need to know whether some job or task that you had carried out had in fact been done correctly? | Do Not Know | No | Yes |
| 29. | ... felt the need for well-defined rules for most things you did? | Do Not Know | No | Yes |
| 30. | ... felt that because you could be wrong you could not stick to your own point of view? | Do Not Know | No | Yes |
| 31. | ... felt unprepared and unsure of yourself before an exam or test, despite knowing the subject matter well? | Do Not Know | No | Yes |
| 32. | ... felt anxious if you didn't have a written list when doing things like going shopping, going to the doctor, or meeting with someone? | Do Not Know | No | Yes |
| 33. | ... been considered a very touchy person? | Do Not Know | No | Yes |
| 34. | ... had difficulty choosing something, without asking someone else's advice (for example, what clothes to wear, what to order at a restaurant, what to buy, whether to accept an invitation)? | Do Not Know | No | Yes |

Have you often...

| | | | | |
|-----|-----------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 35. | ... had difficulty throwing things away, because they might be useful someday (for example, old pens, diaries, newspapers)? | Do Not Know | No | Yes |
| 36. | ... felt unable to make a decision because you saw the advantages and disadvantages of both sides? | Do Not Know | No | Yes |

DOMAIN III. HYPERCONTROL

Now I want to ask you about some other things you might have experienced.

A. Caution

Have you often been reluctant to...

| | | | | |
|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 37. | ... do things that came up unexpectedly ? | Do Not Know | No | Yes |
| 38. | ... make changes in your daily routine ? | Do Not Know | No | Yes |
| 39. | ... do something because you thought there was a chance it wouldn't work out well? | Do Not Know | No | Yes |
| 40. | ... do something because you were afraid that it might set off your rituals or obsessions (for example, you tried not to shake someone's hand because you might feel that you would have to wash afterward)? | Do Not Know | No | Yes |

B. Checking

Have you often felt that you must...

| | | | | |
|-----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 41. | ... remember things even when you don't really need to (for example, everyone's phone numbers, birthdays, license plates, dates and occasions)? | Do Not Know | No | Yes |
| 42. | ... check to be sure the door is locked or that the gas or the lights have been turned off? | Do Not Know | No | Yes |
| 43. | ...check drawers to be sure that everything is in order? | Do Not Know | No | Yes |
| 44. | ... check that you haven't lost valuable personal items (for example, money, keys, papers, or jewelry)? | Do Not Know | No | Yes |
| 45. | ... check that you haven't made some mistake in your written work (for example, re-reading some document or home-work before submitting it or re-opening an envelope to check a letter before sending it)? | Do Not Know | No | Yes |
| 46. | ... check for dust or dirt? | Do Not Know | No | Yes |

Have you often felt that you must...

| | | | | |
|-----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 47. | ... check that you haven't hurt yourself or someone else, because you suddenly get the idea that you might have? | Do Not Know | No | Yes |
| 48. | ... check something even after it has been checked by others? | Do Not Know | No | Yes |
| 49. | ... ask someone else to check something for you because you fear you didn't check it thoroughly enough yourself (for example, asking neighbors or a passerby to confirm that the door was shut or asking to be searched to see whether your wallet or other personal effects were still in place)? | Do Not Know | No | Yes |

C. Emotional control

Have you ever considered yourself or has anybody told you that you ...

| | | | | |
|-----|--------------------------------------------------------------------------------------------|-------------|----|-----|
| 50. | ... were not emotionally spontaneous and appeared detached and indifferent toward others ? | Do Not Know | No | Yes |
| 51. | ... were overcritical of yourself or others? | Do Not Know | No | Yes |
| 52. | ... talked and behaved in a formal or stilted manner? | Do Not Know | No | Yes |
| 53. | ... had no sense of humor? | Do Not Know | No | Yes |
| 54. | ... had no imagination? | Do Not Know | No | Yes |
| 55. | ... were unable to let yourself go? | Do Not Know | No | Yes |
| 56. | ... were someone who was very persistent and never gave up? | Do Not Know | No | Yes |
| 57. | ... were someone who sulked? | Do Not Know | No | Yes |
| 58. | ... couldn't get deeply involved in a relationship? | Do Not Know | No | Yes |
| 59. | ... couldn't let go during sexual intercourse? | Do Not Know | No | Yes |

Have you ever considered yourself or has anybody told you that you ...

| | | | | |
|-----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 60. | ... preferred to have sexual intercourse in your own particular way, like at certain times, or in certain places? <i>Note: do not consider those under medical advice.</i> | Do Not Know | No | Yes |
|-----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|

Have you often found it difficult to...

| | | | | |
|-----|----------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 61. | ... change your point of view in a discussion or even consider that you might have been wrong? | Do Not Know | No | Yes |
| 62. | ... change your way of doing something even if there might have been a better way? | Do Not Know | No | Yes |
| 63. | ... adapt to another person's ways? | Do Not Know | No | Yes |
| 64. | ... see the middle ground because you are more likely to see things as 'black-or-white', 'all-or-nothing', 'good or evil'? | Do Not Know | No | Yes |
| 65. | ... forgive and forget? | | | |
| 66. | ... lend or borrow clothes, books, tapes, or other personal things? | Do Not Know | No | Yes |
| 67. | ... leave your children with a baby sitter? | Do Not Know | No | Yes |
| 68. | ... accept other peoples' recollection of events? | Do Not Know | No | Yes |
| 69. | ... work with others? | Do Not Know | No | Yes |
| 70. | ... spend money, to the point that you were considered stingy? | Do Not Know | No | Yes |

D. Control of others

Have you often felt you needed to impose...

| | | | | |
|-----|----------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 71. | ... your plans and habits on your family and friends (for example, your passion for cleanliness, your own schedule, etc.)? | Do Not Know | No | Yes |
| 72. | ... your plans and habits on your co-workers (for example, routines, plans, schedule, deadlines to be met)? | Do Not Know | No | Yes |

Have you often felt you needed to impose...

| | | | | |
|-----|----------------------------------------------------------------------------------|-------------|----|-----|
| 73. | ... your political ideals, career choices, or preferred sports on your children? | Do Not Know | No | Yes |
|-----|----------------------------------------------------------------------------------|-------------|----|-----|

E. Conformism and traditional values**Have you ever considered yourself or has anybody told you that you were ...**

| | | | | |
|-----|----------------------------------------------------------------------------------------------------|-------------|----|-----|
| 74. | ... extremely bound to tradition? | Do Not Know | No | Yes |
| 75. | ... uncompromising with respect to moral issues? | Do Not Know | No | Yes |
| 76. | ... over-involved with charities or volunteer organizations? | Do Not Know | No | Yes |
| 77. | ... a person who strongly believes in law and order ? | Do Not Know | No | Yes |
| 78. | ... a person who strongly prefers a conservative style of dress and haircut? | Do Not Know | No | Yes |
| 79. | ... very careful to follow all the rules of etiquette? | Do Not Know | No | Yes |
| 80. | ... a person who has difficulty accepting changes in society? | Do Not Know | No | Yes |
| 81. | ... a person who obeys authority without question? <i>Note: except during military service.</i> | Do Not Know | No | Yes |
| 82. | ... fascinated by parades and uniforms? | Do Not Know | No | Yes |
| 83. | ... a person who always kept your word? | Do Not Know | No | Yes |

F. Control over others

Have you ever...

| | | | | |
|-----|---------------------------------------------------------------------------------------------|-------------|----|-----|
| 84. | ... felt compelled to organize the lives of your friends and relatives? | Do Not Know | No | Yes |
| 85. | ... felt compelled to take care of all your friends' and relatives' problems? | Do Not Know | No | Yes |
| 86. | ... been criticized by your family or friends because you were intrusive or overprotective? | Do Not Know | No | Yes |

G. Magical thinking

Have you ever believed...

| | | | | |
|-----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 87. | ... that you could change the course of events by following special practices or rituals (for example, touching or moving objects according to a set procedure, reciting spells or magic formulas)? | Do Not Know | No | Yes |
| 88. | ... that the world is governed by destiny or by supernatural forces? | Do Not Know | No | Yes |
| 89. | ... that you have a "sixth sense"? <i>Note: excluding sudden, unaccountable, delusional intuition.</i> | Do Not Know | No | Yes |
| 90. | ... in things such as horoscopes, palm readers, or psychics, or that certain numbers or colors bring bad or good luck? | Do Not Know | No | Yes |
| 91. | ... that thinking of something could make it happen? <i>Note: exclude feelings of guilt derived from psychotic depression, thought transmitting or influencing phenomena.</i> | Do Not Know | No | Yes |

DOMAIN IV. TEMPORAL DIMENSION

Now I'd like to ask you how you spend your time.

A. Time management

Have you often...

| | | | | |
|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 92. | ... spent nearly every minute of the day working or studying (for example, while on vacation, at the hairdresser, while in a waiting room, while waiting for food to cook or during television commercials)? | Do Not Know | No | Yes |
| 93. | ... left the table right after you've finished eating so that you could begin doing something else, instead of just relaxing for a while? | Do Not Know | No | Yes |
| 94. | ... felt obligated to fill free time with productive activities (for example, exercising, studying, working)? | Do Not Know | No | Yes |

Have you ever considered yourself or has anybody told you that you ...

| | | | | |
|-----|-----------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 95. | ... wasted time and energy on insignificant details, treating them as much more important than they were? | Do Not Know | No | Yes |
| 96. | ... took much more time than your colleagues to finish something because you were never satisfied with the small details? | Do Not Know | No | Yes |
| 97. | ... often arrived late for appointments either because you lost track of time, you hadn't finished previous tasks, or you didn't want to be kept waiting? | Do Not Know | No | Yes |
| 98. | ... sometimes arrived excessively early for appointments? | Do Not Know | No | Yes |

B. Slowness

Has anybody told you that you ...

| | | | | |
|------|--------------------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 99. | ... were very slow when carrying out normal daily activities (for example, eating, speaking, reading, writing, dressing or washing)? | Do Not Know | No | Yes |
| 100. | ... moved in 'slow motion'? <i>Note: not due to depression or to neurological conditions.</i> | Do Not Know | No | Yes |

DOMAIN V. PERFECTIONISM

Now I'd like to ask you how perfectionistic you are.

Have you often considered yourself a person who...

| | | | | |
|------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 101. | ... was extremely orderly and precise? | Do Not Know | No | Yes |
| 102. | ... wasn't good at seeing the overall picture at work or school, because you got bogged down in the details? | Do Not Know | No | Yes |
| 103. | ... was dissatisfied with your own decisions or the results of your own work, despite being extremely thoughtful, precise, and careful (for example, being unhappy with the clothes you wore after taking hours to choose them, or being convinced that the house is dirty after a thorough cleaning)? | Do Not Know | No | Yes |
| 104. | ... re-wrote lecture notes many times before beginning to study? | Do Not Know | No | Yes |
| 105. | ... wrote a minutely detailed list of all the things you had to do? | Do Not Know | No | Yes |
| 106. | ... felt that you had to go to sleep every night at the same hour or in exactly the same position? | Do Not Know | No | Yes |
| 107. | ... always needed to have things in your house or office in exactly the same place? | Do Not Know | No | Yes |
| 108. | ... had to finish something even if it was no longer necessary or interesting (for example, finish a boring book before starting another)? | Do Not Know | No | Yes |
| 109. | ... needed to answer questions thoroughly, to the point of consulting reference books or encyclopedias, even on trivial matters ? | Do Not Know | No | Yes |
| 110. | ... paid attention to minute details of a house, shop, party, meeting, exhibition, book, or document ? | Do Not Know | No | Yes |
| 111. | ... saved things, even though they might not have any value (for example, used stamps, postcards, coins, photographs, magazines, recipes, or other things of little use)? | Do Not Know | No | Yes |
| 112. | ... liked to have a complete set of anything, once you had gotten the first one (for example, of books, dolls, sports cards, tools)? | Do Not Know | No | Yes |

Have you often considered yourself a person who...

| | | | | |
|------|--------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 113. | ... kept old clothes even if you might never wear them again? | Do Not Know | No | Yes |
| 114. | ... kept the address and phone number of anyone you know, so that you could always have the number close at hand? | Do Not Know | No | Yes |
| 115. | ... read newspapers or magazines regularly and systematically? | Do Not Know | No | Yes |
| 116. | ... waited for the next show when you were late for a movie, rather than miss the first few minutes? | Do Not Know | No | Yes |
| 117. | ... bought a book because you needed to own it, even though you had already read it? | Do Not Know | No | Yes |
| 118. | ... was extremely concerned about aesthetics (for example, symmetry, matching colors, taste in clothes, or furnishings)? | Do Not Know | No | Yes |

DOMAIN VI. REPETITION AND AUTOMATION

Now I'd like to ask you about repeating things.

A. Repetition

| | | | | |
|------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 119. | Have you often felt compelled to repeat something until you did it just right (for example, locking and unlocking a door, turning the light on and off, getting in and out of a parking space with the car)? | Do Not Know | No | Yes |
| 120. | Do you ever have the urge to repeat something over and over even when there is no particular reason? | Do Not Know | No | Yes |
| 121. | Do you ever have the urge to repeat a particular word over and over again, in an effort to improve your pronunciation, or give more emphasis to your speech ? | Do Not Know | No | Yes |

B. Automation

Have you often felt compelled to...

| | | | | |
|------|-------------------------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 122. | ... walk in a particular way? | Do Not Know | No | Yes |
| 123. | ...repeat a movement for no reason? | Do Not Know | No | Yes |
| 124. | ... imitate the accent of a person you are speaking with? | Do Not Know | No | Yes |
| 125. | ... repeatedly touch an object or part of your body for no reason? | Do Not Know | No | Yes |
| 126. | ... count things pointlessly (for example, counting numbers on license plates, pages of a book, windows or floors in an office building)? | Do Not Know | No | Yes |
| 127. | ... repeatedly trace letters or words in something you have written? | Do Not Know | No | Yes |
| 128. | ... do something like shouting, spitting, or sniffing even if it is inappropriate at the time? | Do Not Know | No | Yes |

Have you often felt compelled to...

| | | | | |
|------|----------------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 129. | ... keep repeating a slogan or humming a tune to yourself, without being able to get it out of your head? | Do Not Know | No | Yes |
| 130. | ... clear your nose or throat before speaking, or make certain movements with hands before writing or before knocking on a door? | Do Not Know | No | Yes |

DOMAIN VII. OBSESSIVE-COMPULSIVE THEMES

Now I'd like to ask you about thoughts or feelings you may have had in the past.

A. Contamination

Have you ever felt preoccupied with unwanted thoughts of...

Note: be certain that this does not occur only when the subject is in a specific situation (for example, in a hospital which causes thoughts of germs).

| | | | | |
|------|-----------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 131. | ... dirt, germs or contaminants? | Do Not Know | No | Yes |
| 132. | ... eating spoiled food or taking outdated medications? | Do Not Know | No | Yes |
| 133. | ... toxic substances in your body? | Do Not Know | No | Yes |
| 134. | ... pollution? | Do Not Know | No | Yes |
| 135. | ... infections from using public toilets? | Do Not Know | No | Yes |
| 136. | ... dirt or germs when using towels and dishes in restaurants or bed linens when sleeping away from home? | Do Not Know | No | Yes |
| 137. | ... becoming ill when with sick people, even if you knew that the illness was not contagious? | Do Not Know | No | Yes |

B. Cleaning

Have you ever felt compelled to...

| | | | | |
|------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 138. | ... be very meticulous in matters of personal hygiene (for example, frequently washing your hands, hair, nails, brushing your teeth, or showering more than once a day)? | Do Not Know | No | Yes |
| 139. | ... insist that other people be very meticulous with regard to personal hygiene (for example, your children or spouse)? | Do Not Know | No | Yes |
| 140. | ... clean your house or car even if it is already very clean ? | Do Not Know | No | Yes |
| 141. | ... clean a certain part of your house everyday while neglecting other areas (for example, cleaning the sink carefully, but neglecting the rest of the bathroom)? | Do Not Know | No | Yes |

C. Sexual

Have you ever felt preoccupied with unwanted and intrusive thoughts about...

| | | | | |
|------|-------------------------------------------------------------------------------|-------------|----|-----|
| 142. | ... your sexual identity ? | Do Not Know | No | Yes |
| 143. | ... your sexual performance ? | Do Not Know | No | Yes |
| 144. | ... scenes of sexual intercourse or unusual sexual activities? | Do Not Know | No | Yes |
| 145. | ... the impulse to look at someone's crotch or touch other people's genitals? | Do Not Know | No | Yes |

D. Religious attitudes

Have you ever felt preoccupied with unwanted and intrusive thoughts about...

| | | | | |
|------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 146. | ... sins? | Do Not Know | No | Yes |
| 147. | ... religious duties? | Do Not Know | No | Yes |
| 148. | ... thinking, saying, or doing something inappropriate or even obscene during a religious service? | Do Not Know | No | Yes |
| 149. | ... the need to make up for a sin or mistake whether imaginary or real (for example, by denying yourself food, a moment of relaxation, or something you like)? | Do Not Know | No | Yes |

E. Existential

Have you ever felt preoccupied with unwanted and intrusive thoughts about...

| | | | | |
|------|--------------------------------------------------------------------------|-------------|----|-----|
| 150. | ... the future? | Do Not Know | No | Yes |
| 151. | ... time passing and being unable to relive the seconds, minutes, hours? | Do Not Know | No | Yes |
| 152. | ... aging and the deterioration of your body? | Do Not Know | No | Yes |

Have you ever felt preoccupied with unwanted and intrusive thoughts about...

| | | | | |
|------|---------------------------------------------------------------------------------------------------|-------------|----|-----|
| 153. | ... the inability to start or maintain a meaningful personal relationship or friendship? | Do Not Know | No | Yes |
| 154. | ... philosophical and religious matters (for example, the meaning of life, of the world, of God)? | Do Not Know | No | Yes |

F. Aggressive

Have you ever felt preoccupied with unwanted and intrusive thoughts about...

| | | | | |
|------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 155. | ... harming yourself (for example, cutting yourself or throwing yourself out a window, from a balcony, or under a train or bus)? | Do Not Know | No | Yes |
| 156. | ... harming or killing someone (for example, when handling knives or scissors, or by causing a fire or tampering with a security device)? | Do Not Know | No | Yes |
| 157. | ... dreadful and terrifying images or scenes about traumatic events (for example, accidents, catastrophes, deaths)? <i>Note: not related to PTSD.</i> | Do Not Know | No | Yes |
| 158. | ... insulting people? | Do Not Know | No | Yes |
| 159. | ... stealing or lying? | Do Not Know | No | Yes |
| 160. | ... having a sudden impulse to throw yourself out of a window or over a balcony or under a train or a bus? | Do Not Know | No | Yes |
| 161. | ... having a similar impulse to do these things to someone else? | Do Not Know | No | Yes |
| 162. | Have you ever become violent, aggressive or lost control because of your obsessions? | Do Not Know | No | Yes |
| 163. | Have you ever become violent, aggressive, or lost control because other people were trying to prevent you from carrying out your rituals, or because they did not do what you wanted them to do? | Do Not Know | No | Yes |

Appendix A - Impulsiveness and Lack of Control

Have you ever felt compelled to...

| | | | | |
|------|--------------------------------------------------------------------------------------|-------------|----|-----|
| 164. | ... do physical exercise and diet? | Do Not Know | No | Yes |
| 165. | ... get drunk? | Do Not Know | No | Yes |
| 166. | ... stuff yourself with food? | Do Not Know | No | Yes |
| 167. | ... take your medications all at once? | Do Not Know | No | Yes |
| 168. | ... shout and use rude words, or generally behave in a way that is quite unlike you? | Do Not Know | No | Yes |
| 169. | ... gamble? | Do Not Know | No | Yes |
| 170. | ... make useless or excessive purchases? | Do Not Know | No | Yes |
| 171. | ... scratch yourself to the point of breaking the skin and making yourself bleed? | Do Not Know | No | Yes |
| 172. | ... bite your nails until your fingers bled? | Do Not Know | No | Yes |
| 173. | ... masturbate repeatedly? | Do Not Know | No | Yes |
| 174. | ... steal something? | Do Not Know | No | Yes |
| 175. | ... take unnecessary risks? | Do Not Know | No | Yes |
| 176. | ... play with fire until you started one? | Do Not Know | No | Yes |
| 177. | ... provoke accidents? | Do Not Know | No | Yes |
| 178. | ... commit sexual violence? | Do Not Know | No | Yes |

Have you ever felt preoccupied with unwanted and intrusive thoughts about...

| | | | | |
|------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----|-----|
| 179. | ... physical defects (for example, on your face, genitalia, legs, breasts, buttocks) such that you felt compelled to check in the mirror, or to camouflage them (by hands, hairstyle, make-up, clothing, or cosmetic surgery)? | Do Not Know | No | Yes |
| 180. | ... smelling badly (for example, from perspiration)? | Do Not Know | No | Yes |
| 181. | ... having a severe illness (for example, AIDS, cancer)? | Do Not Know | No | Yes |
| 182. | ... losing your hair and teeth? | Do Not Know | No | Yes |
| 183. | ... substances which might permanently change your way of thinking or your personality? | Do Not Know | No | Yes |